

	Autumn 1 Drugs & Emotional Wellbeing	Autumn 2 Healthy Lifestyle & Risk and Safety	Spring 1 Identity & Communities	Spring 2 Planning for the future & Money and Me	Summer 1 Democracy & Law	Summer 2 Relationships & Sex Education: facts & feelings
Year 7	<p>Lesson 1 – What do we mean by ‘drugs’?</p> <p>Lesson 2 – Drugs – fact or fiction?</p> <p>Lesson 3 – What are the dangers of alcohol?</p> <p>Lesson 4 – What am I good at?</p> <p>Lesson 5 – What does ‘assertiveness’ mean?</p> <p>Lesson 6 – What happens when we are feeling down?</p> <p>Lesson 7 – How can I feel good about myself?</p>	<p>Lesson 1 – What is my personal health profile?</p> <p>Lesson 2 – How do I keep healthy?</p> <p>Lesson 3 – What do we mean by ‘risk’?</p> <p>Lesson 4 – How do we manage risky situations?</p> <p>Lesson 5 – How do I practise refusal skills?</p> <p>Lesson 6 – How can we tackle bullying?</p>	<p>Lesson 1 – Who am I?</p> <p>Lesson 2 – What does ‘family’ mean?</p> <p>Lesson 3 – How can I contribute to family life?</p> <p>Lesson 4 – How do I respond to other people?</p> <p>Lesson 5 – Who is in our communities?</p> <p>Lesson 6 – How do I feel about ‘difference’?</p>	<p>Lesson 1 – How do I work best with others?</p> <p>Lesson 2 – How can we improve our communication skills?</p> <p>Lesson 3 – What do I want and how do I get it?</p> <p>Lesson 4 – How do I plan for my future?</p> <p>Lesson 5 – How do I save and how do I budget?</p> <p>Lesson 6 – What can banks and building societies offer me?</p>	<p>Lesson 1 – What does ‘government’ mean and what do they do?</p> <p>Lessons 2&3 – How do elections and voting work?</p> <p>Lesson 4 – How are laws made?</p> <p>Lesson 5 – What is the role of the police in our society?</p> <p>Lesson 6 – Why are British Values important to us?</p>	<p>Lesson 1 – What happens at puberty? (feelings)</p> <p>Lesson 2 – How are babies made?</p> <p>Lesson 3 – Why am I feeling like this?</p> <p>Lesson 4 – Boys and girls – is there a difference?</p> <p>Lesson 5 – Why are friends important?</p> <p>Lesson 6 – How can relationships change as we get older?</p>
Year 8	<p>Lesson 1 – How do drugs affect people?</p> <p>Lesson 2 – What about drugs and the law?</p> <p>Lesson 3 – How do I manage situations involving drugs?</p> <p>Lesson 4 – What does resilience mean?</p> <p>Lesson 5 – Is anybody perfect?</p> <p>Lesson 6 – How do I manage my feelings?</p> <p>Lesson 7 – What happens when relationships break down?</p>	<p>Lesson 1 – What is ‘risking on purpose’?</p> <p>Lesson 2 – Can gambling be good?</p> <p>Lesson 3 – How do I reduce risks?</p> <p>Lesson 4 – Who can help me keep safe? (knife crime / gang culture)</p> <p>Lesson 5 – Who can help me keep safe? (domestic violence)</p> <p>Lesson 6 – Who can help me keep safe? (homophobia)</p>	<p>Lesson 1 – How can we value each other?</p> <p>Lesson 2 – What makes a successful community?</p> <p>Lesson 3 – What can cause problems in communities?</p> <p>Lesson 4 – How can I contribute to my community?</p> <p>Lesson 5 – What do voluntary agencies do?</p> <p>Lesson 6 – How can we challenge prejudice and discrimination?</p>	<p>Lesson 1 – What do I need to plan for?</p> <p>Lesson 2 – What opportunities are out there for me?</p> <p>Lesson 3 – How do I improve my prospects?</p> <p>Lesson 4 – What does the law say about work?</p> <p>Lesson 5 – What influences our spending?</p> <p>Lesson 6 – How enterprising am I?</p>	<p>Lessons 1 & 2 – What is the history of British democracy?</p> <p>Lessons 3 & 4 – How does the law deal with young offenders?</p> <p>Lesson 5 – What is the difference between civil and criminal law?</p> <p>Lesson 6 – How can I promote British Values in school?</p>	<p>Lesson 1 – What are the different types of relationships?</p> <p>Lesson 2 – What do we see about sex in the media?</p> <p>Lesson 3 – Is commitment important in relationships?</p> <p>Lesson 4 – What does the law say?</p> <p>Lesson 5 – What is contraception? (delivered by visiting school health team)</p> <p>Lesson 6 – What are HIV and AIDS?</p>